FOR YOUR INFORMATION:

Parish Nurses Say: Having your blood pressure checked regularly is the only way to know if you have high blood pressure, also called hypertension. While there is no cure for high blood pressure you can lower your risk through diet, exercise, medication and other moderate life style changes. Check the bulletin board for more information.

Scouting Catholic Religious Emblems: Is your son or daughter currently active in a Scout unit (BSA, GSUSA, AHG, TLUSA), and have you been wondering how your Catholic faith can be tied into it? Scouting Religious Emblems are a great way to gain that connection. There will be an informational meeting on Saturday, 17 February at 4:30 p.m. Contact John Nelson at jpninva@gmail.com to determine interest. For Cub Scouts in 3rd-5th grades, please attend a workshop on 17 February at 3 p.m. in the Bride's Room to work on the group project for the Parvuli Dei Emblem.

The Hampton Roads Catholic Singles Club will meet at Chrysler Museum of Art in Norfolk on Saturday, March 3rd at 1 p.m. to view a special exhibit, Highest Heaven, a collection of Spanish and Portuguese Colonial Art. The Hampton Roads Catholic Singles Club, formally known as the Tidewater Catholic Alumni Club, is an organization of single Catholic professional men and women. The club is a member of the national organization Catholic Alumni Club International. For more information or to RSVP, e-mail tcac1@hotmail .com or go to the club website www.freewebs.com/tidewatercatholicalumniclub/.

Did you know Catholic men can now join the **Knights of Columbus online**? Visit the Supreme Council web site http://kofc.org/en//index.html and click the "Join Us" link for more information about the Knights and to join.

LINK is putting out a call for the following items for one of its veteran homes to be furnished. For questions please contact Lynne Finding 757-254-2424. Thank you all so much for looking out for our veterans! Lawnmower (riding or gas), Weed eater, Rakes, 4 chests of drawers, 4 small bedside cabinets, plastic hangers, 4 Arm chairs, 2 Couches, Carpet steam cleaner, Vacuum cleaner, Electrical extension cord, Mini steps for kitchen, Dishwasher, Electric stove self cleaning, Fridge freezer, Rugs, plants to transplant in April Matching Plates (dinner and side), Cups, Mugs, cereal bowls, Knives, forks, spoons.

PLEASE PRAY FOR THE SICK OF OUR PARISH: Ruby Baggett, Jackie O' Neil, Restituto Obis, Nick Butler, Joan Cawthon, Bobby Martinez, Margaret Johnson, Tim Benavidez, Linda Smith, Buddy Williams, Margaret Luedtke, Joel Rivera, Judith Ott, Florence Bischof, Harold Przygocki, Marciana Dayrit, Esther Vaughn, Bailey Ann Schaffer, Tiffany Brickhouse, Dorothy Woodward, Therese Reiley, Marvin Alba, Fess Balina, Chris Whelan, Angelica Chabo, Imelita Wright, Phil Pace Sr., Joseph (Jo-Jo) Goodwin, Nick Frankie, Blanca O' Brien, Herminia Platon, Richard Matlock, Judy Pace, Margaret Laurent, Alessandrea Elefante, Adrienne Gonzalo.

MASS INTENTIONS FOR FEBRUARY 13-18, 2018

Feb 13, Tuesday		Marty Henry
Feb 14, Wednesday	7:00	Joseph L. Daniel
	12noon	Doan D. Daniel
	7:00	Dez Castro (Sp. Int.)
Feb 15, Thursday		Dez Castro (Sp. Int.)
Feb 16, Friday		Dez Castro (Sp. Int.)
Feb 17, Saturday		Debbie Spateholts
Feb 18, Sunday	7:00	Debbie Spateholts
	9:00	Anna Vu Thi Hien
	12:00	Raymond & Catherine Allario

READINGS FOR FEBRUARY 12-18, 2018

Feb 12, Monday	Jas 1:1-11, Ps 119:67-68, 71-72, 75-76 Mk 8:11-13
Feb 13, Tuesday	Js 1:12-18, Ps 94:12-15, 18-19, Mk 8:14-21
Feb 14, Wednesday	Jl 2:12-18, Ps 51:3-6A, 12-14, 17, 2 Cor 5:20 – 6:2, Mt 6:1-6, 16-18
Feb 15 Thursday	Dt 30:15-20, Ps 1:1-4, 6, Lk 9:22-25
Feb 16, Friday	Is 58:1-9A, Ps 51:3-6A, 18-19, Mt 9:14-15
Feb 17, Saturday	Is 58:9B-14, Ps 86:1-6, Lk 5:27-32
Feb 18, Sunday	Gn 9:8-15, Ps 25:4-9, 1 Pt 3:18-22, Mk 1:12-15

UPCOMING EVENTS FOR FEBRUARY 13-18, 2018

Feb 13, Tuesday	Divine Will Mercy Group 9:00 AM CDA/OLPH#2206 6:00 PM Youth Music Practice 7:00 PM
Feb 14, Wednesday	Ash Wednesday Masses 7:00 AM, 12Noon, and 7:00 PM Financial Pace University Class 7:00 PM
Feb 15, Thursday	Adult Choir Music Practice 7:00 PM
Feb 16, Friday	Mass/St. Francis 11:00 AM Stations of the Cross 6:00 PM Soup Supper/CDA
Feb 17, Saturday	RCIA 3:00 PM Rite of Election 5 PM Bible Study/The Eucharist 6:00 PM Youth Group Chili Fundraiser 6:00 PM
Feb 18, Sunday	RCIA/Rite of Election RCIA Classes 10:15 AM Adult/Children Religious Education Classes 10:15 AM Divine Will Mercy Group 1:30 PM Women's Group, Courageous Love 6:00 PM

BAPTISMAL SCHEDULE:

The next Baptism Class will be held on Sunday, February 11, 2018 at 10:30 a.m. in the Faith and Life Center. **Parents and Godparents must SIGN-UP to attend!** A Nursery will be available. Please call St. Jerome office to register for the class at (757) 877-5021.

CHURCH

The **Adult Choir** is working on music for Holy Week and Easter and wishes to extend **a special invitation to any and all singers who wish to join us.** There are no auditions but it's helpful to have some ability to read music. This is the most holy week of the year – and for the choir it is the busiest. You may choose to sing for Ash Wednesday, Palm Sunday, Holy Thursday, Good Friday, Easter Vigil and/or Easter. Any sharing of your valuable time and raising your voice will be appreciated not only by the Choir but by the St. Jerome community. Please see Louise at the organ after the 5 pm, 7 am or Noon Masses for more information.

A disabled Parishioner is seeking a **ride to Mass** on Saturday at 5:00 o'clock, or Sunday at 12noon. For information please call Enrica Pierce, 874-1261.

Parishioners & friends (young & old) are needed to make **"joyful noise"** and **support the One City Marathon** participants on March 4. The race course passes in front of St Jerome's and the runners are expected to pass by between 7:45 and 10:00 AM. The only necessary requirement is to show enthusiasm and cheer on the runners. If you have musical instruments, please bring them; if you are in a band -- invite the whole band! Last year 562 runners passed by St Jerome's. Let's show all the racers the enthusiasm and friendliness of our parish in 2018. Please contact John Nelson at jpninva@gmail.com for interest and more information.

BEST LENT EVER: DON'T GIVE UP CHOCOLATE FOR LENT We all know the things that makes us happy, but we don't always do them. Lent is an opportunity to change that. This year we invite you to do something different. Join Dynamic Catholic's "Best Lent Ever", a free, video-based email program featuring internationally acclaimed speaker and New York Times bestselling author Matthew Kelly. From Ash Wednesday to Easter, Matthew will help you identify what stands between you and happiness and what to do about it. Are you ready for your best Lent ever? To sign up, **visit BestLentEver.com**

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PLEASE PRAY FOR OUR MILITARY WHO SACRIFICE FOR OUR FREEDOM: IT Jeffery Espiritu, Maj. Garrett McGowan, Sgt. Robert McDaniel, SFC Robert Allison III, T/Sgt. Patrick Garvin, PFC Keith Moore Jr., CE1 David Maguire, Capt. Brian Wensel, Lt. Michael Yuenguert, LTC Troy D. Agostino, Maj. John Ferguson, Lt. Cmdr. Jeffrey Alan Dellapenta, Capt. Robert Belkowski III, Capt. Mark Belkowski, SFC Wilbert J. Torres, S/Sgt. Trey Ravenscraft, 1Lt. Jerry Feehery, Lt. Jeremy C. Topp, LTJG Marriane Topp, Capt. Jimmy Thoms, LTC Robert Salire, Capt. Mike Hayes, 2nd Lt. Ryan Bare, SFC Chris Whelan, CPO Nino Villamor, SPC Jonathan J. Belmonte, S/Sgt. Christopher Woynicz.

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A Smile is the shortest distance between two people.

CHRISTIAN FORMATION:

Time for our annual **Baby Bottle Drive** to help support Care Net Pregnancy Center. Pick up your baby bottle, fill it with change and return by Feb 25. All monies collected go to helping moms and their babies on the Peninsula.

All those preparing for the **Sacraments of Initiation** at the Easter Vigil will be celebrating the **Rite of Sending o**n 11 February at the 9am Mass. This Rite is celebrated by the Catechumens signing the Book of Elect in front of the congregation. The Godparents of the Catechumens testify to their readiness of reception of the sacraments at Easter Vigil. The Book of Elect is then presented on 17 February to the Bishop and the community. Please continue to pray for the 6 individuals who are preparing for the sacraments of Baptism, Confirmation and Communion.

Young Adult Lenten Retreat "Discovering the Silence" is accepting reservations now. Come and learn how silence can help us in our journey towards God. Although this is NOT a silent retreat, we will explore the silence of God, of Life and of Prayer. This 1-day retreat will be held on 3 March at OLMC from 8am – 3pm. It will offer Mass, Adoration, Speakers and time for silent prayer. Check out the Facebook page PeninsulaFrassatiYA for more information.

The next **Men's Bible study** is on 11 February at 6pm in the Youth Group room. Come and join other parishioners as we journey closer to Christ through fellowship with one another. The Ladies of the parish will meet on 18 February and will be making Salvation Bracelets. Join us at 6pm in the Faith and Life Center.

Interested in teaching English to those who are from another country? Want to help mentor a new family to the US but not sure how? Then come to our **English as a Second Language** training course on 18 February at noon in the Faith and Life Center. Email margie@stjeromennva.org for more information and to reserve a seat.

New Health and Literacy (HEAL) classes will be offered in March. Do you know someone that might struggle with reading or speaking English? Do you know someone that would benefit from learning how to communicate with health professionals and how to understand basic health information? This course will be of benefit to them. Please email margie@stjeromennva.org for more information and how to register.