

FOR YOUR INFORMATION:



Parish Nurses Say: Diabetes is a serious condition. But maintaining a healthy weight and regular physical activity can dramatically lower the risk of developing type 2 diabetes. Cutting back on added sugars in your diet can reduce your risk of obesity and other health problems. Check the bulletin board for more information.

KofC Corner.



Adulting is not fun, so many decisions, so much information! Where to work, where to eat, who to trust, who to marry, which Church to go to, and a myriad of new parenting questions; all decision points are very important. There are many other questions to be asked and researched. There is a solution which can be trusted to support your Faith, Protect your Family, Give to Others, and Defend your Values. Google KofC.org or VAKofC.org to find out how we match up with what you need and see how many families enjoy belonging to a Catholic Band of Brothers. You can also visit KofC.org/JoinUs on your Smart Phone and sign up today!



You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. Join us on one of the next **Worldwide Marriage**

Encounter weekends on Nov 9-11, 2018 in Myrtle Beach, SC and Mar 1-3, 2019 in Hickory, NC. Early sign up is recommended. For more information visit our website at: <https://renewmarriage-vasouth.org/> or contact us at applications@renewmarriage-vasouth.org or 757-690-1369.

OPEN HOUSE: VERITAS Preparatory School 275



McLaws Circle, Williamsburg, VA 23185. Sunday, November 11th from 1:00-3:00pm meet the faculty and administration and find out about the many benefits of a classical education. VERITAS is a college preparatory school serving grades 6 through 12 that focuses on active learning, based on the Great Books and Socratic Method. For information contact: (757)903-0633 or visit www.veritas-prep.org.



PLEASE PRAY FOR OUR MILITARY WHO SACRIFICE FOR OUR FREEDOM:

Maj. Garrett McGowan, WO-1. Robert McDaniel, Sgt. Valerie McDaniel, SFC Robert Allison III, T/Sgt. Patrick Garvin, PFC Keith Moore Jr., CE1 David Maguire, Capt. Brian Wensel, Lt. Michael Yuenguert, LTC Troy D. Agostino,

Maj. John Ferguson, Lt. Cmdr. Jeffrey Alan Dellapenta, Capt. Robert Belkowski III, Capt. Mark Belkowski, SFC Wilbert J. Torres, S/Sgt. Trey Ravenscraft, 1Lt. Jerry Feehery, Lt. Jeremy C. Topp, LTJG Marriane Topp, Capt. Jimmy Thoms, LTC Robert Salire, Capt. Mike Hayes, 2nd Lt. Ryan Bare, SFC Chris Whelan, CPO Nino Villamor, Sgt. Jonathan J. Belmonte, S/Sgt. Christopher Woynicz.

MASS INTENTIONS FOR NOVEMBER 6-11, 2018

Nov 6, Tuesday		Alicia Obis ✠
Nov 7, Wednesday		Alphonso Thien Ngo ✠
Nov 8, Thursday		Emmanuel Hong Son ✠
Nov 9, Friday		Linda Wensel ✠
Nov 10, Saturday		Anna Blanchard ✠
Nov 11, Sunday	7:00	Purgatory & Dying Souls ✠
	9:00	Catherine Russillo ✠
	12:00	Ann Than ✠



READINGS FOR NOVEMBER 5-11, 2018

Nov 5, Monday	Phil 2:1-4, Ps 131:1-3, Lk 14:12-14
Nov 6, Tuesday	Phil 2:5-11, Ps 22:26-32, Lk 14:15-24
Nov 7, Wednesday	Phil 2:12-18, Ps 27:1, 4, 13-14, Lk 14:25-33
Nov 8, Thursday	Phil 3:3-8a, Ps 105:2-7, Lk 15:1-10
Nov 9, Friday	Ez 47:1-2, 8-9, 12, Ps 46:2-3, 5-6, 8-9 1 Cor 3:9c-11, 16-17, Jn 2:13-22
Nov 10, Saturday	Phil 4:10-19, Ps 112:1-2, 5-6, 8-9, Lk 16:9-15
Nov 11, Sunday	1 Kgs 17:10-16, Ps 146:7-10, Heb 9:24-28, Mk 12:38-44 or 12:41-44



UPCOMING EVENTS FOR NOVEMBER 5-11, 2018

Nov 5, Monday	St. Monica Prayer Warriors 7:00 pm
Nov 6, Tuesday	ELECTION DAY Divine Will Group 9:00 am
Nov 7, Wednesday	CDA/Blankets 9:00 am Christmas Giving Meeting 7:00 pm Youth Choir Practice 7:00 pm
Nov 8, Thursday	Bible Study 10:00 am Mass/Mennonwood 11:00 am Adult Music Practice 7:00 pm
Nov 9, Friday	Catechists Training Mass/St. Francis 11:00 am
Nov 10, Saturday	Christmas Cards Pick-Up Second Collection/Archdiocese of Military Services Altar Server Training 9:00 am Breaking Open Task of Catechists at St. Bede 9:00 am Bible Study Session #3/ St. Thomas Aquinas – Potluck 6:00 pm
Nov 11, Sunday	VETERANS DAY Second Collection/Archdiocese of Military Services Christmas Card Pick-Up Middle School & High School/ Alpha #6 10:00 am Babylon Family Christian Formation 10:30 am High School Youth Group 6:00 pm



“Actions speak louder than words. Let your words teach and your actions speak.”

(Anthony of Padua)

CHURCH:

SAVE THE DATE: CHRISTMAS GIFT GIVING PROJECT MINISTRY:

The St. Jerome Christmas Gift Giving Project is looking for new volunteers to help make this ministry a success. Duties are light and include getting the gift giving cards ready, helping man tables at masses, and helping to collect and organize the gifts when they are returned by parishoners. Please call Tammy Castagna (886-0929) for more information or to volunteer. Our **first meeting** will be on **Wednesday, November 7** in the Fellowship Hall. Thank you in advance for your help!



NO Bingo at the **Gardens** on **November 12th**. Bingo volunteers are in need of the stuffed animals for prizes for the residence at the Gardens Nursing Home.



Bishop Knestout encourages anyone aware of sexual abuse of minors on the part of clergy or staff of our diocese to notify civil authorities, call the Attorney General's Clergy Abuse Hotline at 1-833-454-9064, and reach out to the Diocesan

Victim Assistance Coordinator, Jennifer Sloan at 1-877-887-9603.

ELECTION DAY IS TUESDAY , NOVEMBER 6TH! PLEASE VOTE! THREE STEPS TO TAKE BEFORE YOU ENTER THE BOOTH.....



- 1) Inform yourself about the Church's teachings through the Catechism of the Catholic Church.
- 2) Learn about the issues and candidates' position on them, particularly on critical and social issues.
- 3) Pray for guidance.

PRAYER BEFORE AN ELECTION



Lord God, as the election approaches, we seek to better understand the issues and concerns that confront our city/state/country, and how the Gospel compels us to respond as faithful citizens in our community. We ask for eyes that are free from blindness so that we might see each other as brothers and sisters, one and equal in dignity, especially those who are victims of abuse and violence, deceit and poverty. We ask for ears that will hear the cries of children unborn and those abandoned, Men and women oppressed because of race or creed, religion or gender. We ask for minds and hearts that are open to hearing the voice of leaders who will bring us closer to your Kingdom. We pray for discernment so that we may choose leaders who hear your Word, live your love, and keep in the ways of your truth as they follow in the steps of Jesus and his Apostles and guide us to your Kingdom of justice and peace. We ask this in the name of your Son Jesus Christ and through the power of the Holy Spirit. Amen. (+USCCB)

CHRISTIAN FORMATION:

XLT! With Sean Forrest as keynote speaker is on 4 November from 6pm – 9pm at St. Bede. STJ will meet in the church parking lot at 5pm and will travel together to St. Bede. All High School youth are invited to attend this event; Confirmation candidates are expected to attend. Email margie@stjeromennva.org for more information.



St. Monica Prayer Group will meet on Monday, 5 November, at 7pm in the Blessed Sacrament Chapel. All are invited to join us praying for our families and friends and community.

Diocesan Youth Conference (DYC) is a retreat experience sponsored by the Richmond Diocese and this year will be held on 8-10 February in Richmond. This event is for High School teens and youth from all over the diocese come and participate. Registration has begun for the Early Bird payment so go online now and save some money! Email margie@stjeromennva.org for more information.



Saturday Night Bible Study, "Pivotal Players" will be meeting on 10 November at 6pm in the Faith and Life Center. Please bring a dish to share! If you haven't joined a bible study this year, it is never too late. Come join!



BAPTISMAL SCHEDULE:



The next Baptism Class will be held on Sunday, November 18th at 10:30 AM in the Faith and Life Center. **Parents and Godparents must SIGN-UP to attend!** A Nursery will be available. Please call St. Jerome office to register for the class, (757) 877-5021.



PLEASE PRAY FOR THE SICK OF OUR PARISH:



Mary Thomas, Gloria Topp, Richard Mansfield, Jonathon Buckman, Debbie Pace, Wes Pak, James Tully, Jr., Fr. Donald Cavey, Jane Klemenic, Rose Cagne', Mark Woynicz, Patty Varillas, Ann Colleen Schwob, Bob Sanford, Frank Williams, Howard Lee Cawthon, Fred Hake, William Hammond, Mary Coviello, A. J. Wright, Mackenzie Refermat, Gemar Rtoni Roviro, Shirley Causey, Sol Charifa, Tom Davidson, Ann Gutches, Dee Casto, Annette Hodges, Anna Ferreira, Tina Pierce, Maria Janis, Anne Kukla, Dez J. Castro, Marie Louise McLean, Naureen Sanford, Michael Freda, Cristina Gloria, Reco Cotton, Deifilia Lazo, Anna Blood, Yvonne Holmes, Nick Butler, Bobby Martinez, Margaret Johnson, Tim Benavidez, Linda Smith, Buddy Williams, Margaret Luedtke, Judith Otto, Florence Bischof, Harold Przygocki, Marciana Dayrit, Esther Vaughn, Bailey Ann Schaffer, Tiffany Brickhouse, Dorothy Woodward, Therese Reiley, Marvin Alba, Fess Balina, Chris Whelan, Angelica Chabo, Imelita Wright, Joseph (Jo-Jo) Goodwin, Nick Frankie, Blanca O' Brien, Herminia Platon, Richard Matlock, Judy Pace, Margaret Laurent, Alessandra Elefante, Adrienne Gonzalo.